





Adult Day Center services are available to eligible Veterans, Spouses, Widows and Gold Star Parents.



## Welcome to Wellness

The Minnesota Veterans Home Adult Day Center provides a comfortable environment to help Participants achieve the highest attainable level of physical, mental and social wellbeing – with the independence of living at home. It also provides much-needed respite – and a full array of support services – for Veterans' caregivers.

## Here's to the Health and Independence of Our Minnesota Veterans

Our Veterans deserve the very finest care. That's why the Adult Day Center provides a broad array of therapeutic health care services — delivered by trained, highly dedicated professionals. We are committed to providing personcentered care and will customize a total program to meet your specialized needs. Then, we put your care in the hands of clinical specialists who include:

- Registered Nurses
- Social Workers
- Recreational Therapists
- Program Assistants
- Behavioral Health Specialists
- Physical Therapists
- Nutritionists

Our fee-based services include Transportation, Bathing, Barber Shop and Beauty Parlor.

The Adult Day Center is a Veterans based community. It allows participants to connect with other Veterans in a safe, comfortable environment.

## Caring for Caregivers

Caregivers often operate under significant stress, and our respite care can help ease their daily demands by providing a time-limited break for families or other unpaid caregivers. Participants will be cared for in a medically supported social environment, allowing caregivers to attend their other daily needs. We also provide education, resources and support groups for caregivers.

## Payment Options

**Private Pay** is accepted, with the cost of care determined on an annual basis.

**Federal Per Diem.** This valuable benefit can reduce the daily cost of care fees. The Federal Per Diem rate is an exclusive benefit that is only available to Veterans attending a State Veteran Home Program.

**Long-Term Care Insurance** is accepted. In some cases, it may cover all or part of the program.

Adult Day Center staff are available to help you determine the benefit coverage for services.

The Minnesota Veterans Home Adult Day Center is located in Building 4, on the Minneapolis Veterans Home Campus.

5101 Minnehaha Ave. S., Bldg. 4 Minneapolis, MN 55417

Phone: (612) 548-5963

Hours of Operation: Monday through Friday, 8 a.m. – 4:30 p.m.



